



SDS National Senior Athletics Championships Results 2024

Event 1 Mixed 400 m WC FR

Name	Year Team	Final
Section 1		
1 Finlay Menzies T72	M Lothian Disa	79.41
2 Paul Masterton T72	M Lothian Disa	1:38.08
3 Jonathan Brown F33	M Fife	1:54.27
4 Layla McCloskey T72	W Glasgow	1:58.23
5 Ross Thomson T72	M Grampian	2:28.84
6 Craig Dillon T71F32	M Grampian	2:50.14

Event 2 Mixed 400 m Band A

Name	Year Team	Final
1 Kaydan Day LD	M Lothian Disa	59.02
2 Callum Ballantyne T20	M S Lanarkshire	61.50
3 Kieran McGhee T20	M Glasgow	64.28
4 Darren Carruthers LD	M Glasgow	69.86
5 Connor Brown T37	M Fife	71.82
6 Mairi Gatherer T20	W Perth & Kinr	72.20
7 Alasdair Larter LD	M Glasgow	72.91
8 Joshua Fisher LD	M Forth Valley	74.86

Event 3 Women 400 m Band A

Name	Year Team	Final
1 Mairi Gatherer T20	Perth & Kinr	72.20

Event 4 Women 100 m Walk

Name	Year Team	Final
Section 1 Wind: 0.9		
1 Nicola Eccles LD	Fife	39.63
2 Lyndsay Milligan LD	Fife	44.06

Event 5 Men 100 m Band A

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Name	Year Team	Heats
Heat 1 Heats Wind: 1.6		
1 Steven Stone TF20	Forth Valley	11.58Q
2 Andrew Larter LD	Glasgow	13.12Q
3 Gregory Gontor LD	Glasgow	13.15Q
4 William Jack T20	Fife	13.41q
5 Phillip Callander LD	Fife	14.34q
6 David Mair LD	Fife	18.58
Heat 2 Heats Wind: 2.0		
1 Matthew Power T20	Lothian Disa	11.83Q
2 Kieran McGhee T20	Glasgow	12.66Q
3 Pe	Glasgow	13.42Q



SDS National Senior Athletics Championships Results 2024

4	Lewis McDermid LD	Forth Valley	14.93
5	Paul Arthur LD	Fife	15.28
6	Finlay Davidson TF41	Fife	16.23



SDS National Senior Athletics Championships Results 2024

Event 6 Men 100 m Band B

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Name	Year Team	Heats
Heat 1 Heats Wind: 1.3		
1 Gavin Miller LD	Forth Valley	14.32Q
2 Ricki Ballingal LD	Fife	16.73Q
3 Connor Mitchell LD	Fife	18.16Q
4 Coltrane Brady LD	Glasgow	19.42
5 Wayne Morland LD	Fife	19.87
6 Ijaz Anwar Ali LD	Fife	20.37
Heat 2 Heats Wind: 0.8		
1 Steven Braid LD	Fife	16.39Q
2 Laurie Doran LD	Fife	16.55Q
3 Ryan Dowie LD	Fife	16.84Q
4 Rory Urquhart LD	Highland Dis	16.91q
5 Wayne Sammut LD	Fife	17.97q
6 Paul Booth LD	Perth & Kinr	19.08
7 William Scobie LD	Fife	27.68

Event 7 Women 100 m PD/LD Band A

Name	Year Team	Final
Section 1 Wind: 1.8		
1 Erin Nisbet PD	Glasgow	18.44
2 Lidya Woldeeslassie TF35	Glasgow	19.10
3 Nikki Baxter LD	Fife	19.53
4 Pauline Bryson LD	Fife	20.06

Event 8 Mixed 100 m Frame Runner

Name	Year Team	Final
Section 1 Wind: 4.6		
1 Finlay Menzies T72	M Lothian Disa	17.88
2 Paul Masterton T72	M Lothian Disa	21.21
3 Layla McCloskey T72	W Glasgow	25.86

Event 9 Men 100 m Band A

Name	Year Team	Final
Section 1 Final Wind: 2.0		
1 Matthew Power T20	Lothian Disa	11.70
2 Kieran McGhee T20	Glasgow	12.57
3 Gregory Gontor LD	Glasgow	12.85
4 Andrew Larter LD	Glasgow	13.45
5 Pearce Vaughan HI	Glasgow	13.54
6 William Jack T20	Fife	13.68
7 Phillip Callander LD	Fife	14.33



SDS National Senior Athletics Championships Results 2024

Event 10 Men 100 m Band B

Name	Year Team	Final
Section 1 Final Wind: 2.5		
1 Gavin Miller LD	Forth Valley	14.00
2 Steven Braid LD	Fife	15.95
3 Ricki Ballingal LD	Fife	15.96
4 Ryan Dowie LD	Fife	16.71
5 Laurie Doran LD	Fife	16.76
6 Rory Urquhart LD	Highland Dis	17.14
7 Wayne Sammut LD	Fife	18.23
8 Connor Mitchell LD	Fife	18.32

Event 11 Mixed 1500 m Band A

Name	Year Team	Final
Section 1		
1 Kaydan Day LD	M Lothian Disa	4:27.21
2 Mark Ritchie LD	M Lothian Disa	4:30.01
3 Cameron Tweedie LD	M Fife	5:28.49
4 Mairi Gatherer T20	W Perth & Kinr	5:47.43
5 Christopher O'Grady LD	M Glasgow	5:54.29

Event 12 Mixed 1500 m Frame Runner

Name	Year Team	Final
1 Julie McElroy T72	W Glasgow	7:44.22
2 Kerry Mathers T72F34	W Grampian	8:28.54
3 Ross Thomson T72	M Grampian	9:51.20

Event 13 Men 50 m Band A

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Name	Year Team	Heats
Heat 1 Heats Wind: NWI		
1 Jordan Aitchison LD	Fife	8.64Q
2 Ryan Pollock LD	Fife	10.57Q
3 Jimmy Wood LD	Fife	11.26Q
3 Sean Howieson LD	Fife	11.26Q
Heat 2 Heats Wind: 2.6		
1 Tomasz Cryzak LD	Fife	8.13Q
2 Stuart Robertson LD	Perth & Kinr	9.17Q
3 Danny Aitken LD	Fife	9.62Q
4 Craig Pollock LD	Fife	11.30q
5 Struan O'Keefe LD	Fife	11.41



SDS National Senior Athletics Championships Results 2024

Event 14 Men 50 m Band B

Name	Year Team	Final
Section 1 Wind: 0.9		
1 Robert Morrison LD	Fife	10.91
2 Ciaran Dobie LD	Fife	12.42
3 David Nicol LD	Fife	13.74
4 Kirk Taylor LD	Fife	19.44
5 Mark Walker LD	Fife	20.31
6 Barrie Sanderson LD	Fife	29.09
7 Neil McEwan LD	Fife	29.51

Event 15 Women 50 m Band A

Name	Year Team	Final
Section 1 Wind: 2.4		
1 Chloe Ramsay LD	Fife	9.82
2 Carys Barrie LD	Fife	10.24
3 Carrie-Ann Smith LD	Fife	10.30
4 Shona Murie LD	Fife	11.28
5 Susan Barrett LD	Fife	12.14
6 Emily Cowan LD	Fife	12.99

Event 16 Women 50 m Band B

Name	Year Team	Final
Section 1 Wind: 1.4		
1 Samantha Christie LD	Fife	12.78
2 Michelle Wallace LD	Fife	15.53
3 Lynda Stewart LD	Fife	16.74
4 Hannah Twadell LD	Fife	17.30
5 Lorraine Ridgeway LD	Fife	19.47

Event 17 Men 50 m Band A

Name	Year Team	Final
Section 1 Final Wind: 2.7		
1 Tomasz Cryzak LD	Fife	8.31
2 Jordan Aitchison LD	Fife	8.73
3 Stuart Robertson LD	Perth & Kinr	9.43
4 Danny Aitken LD	Fife	9.71
5 Ryan Pollock LD	Fife	10.56
6 Sean Howieson LD	Fife	11.69
7 Craig Pollock LD	Fife	11.93
8 Jimmy Wood LD	Fife	13.27



SDS National Senior Athletics Championships Results 2024

Event 18 Men 200 m Band A

Name	Year Team	Final
Section 1 Wind: 0.9		
1 Matthew Power T20	Lothian Disa	24.78
2 Kieran McGhee T20	Glasgow	26.20
3 Andrew Larter LD	Glasgow	27.83
4 Pearce Vaughan HI	Glasgow	28.06
5 William Jack T20	Fife	28.46
6 Gregory Gontor LD	Glasgow	29.14
7 Darren Carruthers LD	Glasgow	33.19

Event 19 Men 200 m Band B

Name	Year Team	Final
Section 1 Wind: 1.0		
1 Joshua Fisher LD	Forth Valley	32.97
2 Rory Urquhart LD	Highland Dis	36.91
3 David Mair LD	Fife	37.05
4 Coltrane Brady LD	Glasgow	42.19

Event 20 Women 200 m HI/PD + LD Band A

Name	Year Team	Final
Section 1 Wind: 1.9		
1 Josie Anderson HI	Forth Valley	32.27
2 Nikki Baxter LD	Fife	42.33

Event 21 Mixed 200 m Frame Runner

Name	Year Team	Final
Section 1 Wind: 2.4		
1 Finlay Menzies T72	M Lothian Disa	38.47
2 Paul Masterton T72	M Lothian Disa	42.21
3 Layla McCloskey T72	W Glasgow	58.26

Event 22 Mixed 800 m Band A

Name	Year Team	Final
Section 1		
1 Kaydan Day LD	M Lothian Disa	2:12.50
2 Mark Ritchie LD	M Lothian Disa	2:21.90
3 Callum Ballantyne T20	M S Lanarkshire	2:27.82
4 Cameron Tweedie LD	M Fife	2:42.02
5 Alasdair Larter LD	M Glasgow	2:44.90
6 Josie Anderson HI	W Forth Valley	2:55.42
7 Christopher O'Grady LD	M Glasgow	3:03.70
8 Bruce Anderson LD	M Forth Valley	5:17.56



SDS National Senior Athletics Championships Results 2024

Event 23 Mixed 800 m Frame Runner

Name	Year Team	Final
1 Julie McElroy T72	W Glasgow	4:06.31
2 Kerry Mathers T72F34	W Grampian	4:32.47
3 Ross Thomson T72	M Grampian	5:25.35
4 Craig Dillon T71F32	M Grampian	5:52.76

Event 24 Mixed 4x100 m Relay

Team	Final
1 Forth Valley Disability Sport 'A'	64.88
1) Josie Anderson HI	2) Gavin Miller LD
3) Joshua Fisher LD	4) Lewis McDermid LD
2 Lothian Disability Sport 'A'	68.28
1) Finlay Menzies T72	2) Daniel Gilchrist LD
3) Chloe Milne LD	4) Matthew Power T20
3 Fife Disability Sport 'A'	70.32
1) William Jack T20	2) Finlay Davidson TF41
3) Cameron Tweedie LD	4) Nikki Baxter LD
4 Fife Disability Sport 'B'	72.11
1) Wayne Morland LD	2) Paul Arthur LD
3) Phillip Callander LD	4) Pauline Bryson LD
5 Fife Disability Sport 'C'	79.08
1) William Scobie LD	2) David Mair LD
3) Connor Mitchell LD	4) Wayne Sammut LD
6 Fife Disability Sport 'D'	1:35.40
1) Laurie Doran LD	2) Steven Braid LD
3) Samantha Christie LD	4) Carrie-Ann Smith LD

Event 26 Women Discus 1kg DT

Name	Year Team	Final
Flight 1		
1 Josie Anderson HI	Forth Valley	21.54m
21.54m FOUL FOUL FOUL		
2 Chloe Milne LD	Lothian Disa	19.73m
18.68m 15.93m FOUL 19.73m		
3 Caitlyn Ross LD	Forth Valley	17.32m
16.30m 17.32m 16.47m 15.43m		
4 Lidya Woldeselassie TF35	Glasgow	14.03m
12.48m 14.03m PASS PASS		
5 Laura Kinder LD	Glasgow	13.89m
FOUL FOUL 13.74m 13.89m		
6 Geraldine Fitzsimmons LD	Glasgow	11.99m
11.01m FOUL 11.99m 10.92m		
7 Skye Davidson TF40	Fife	11.87m
9.79m FOUL 10.10m 11.87m		
8 Gianna Johnstone LD	Lothian Disa	10.97m
10.97m 9.22m FOUL 10.85m		



SDS National Senior Athletics Championships Results 2024

Event 27 Men Discus 2kg DT

Name	Year	Team	Final
1 Liam Nolan T20		Forth Valley	25.02m
FOUL 23.13m 22.00m 25.02m			
2 Daniel Gilchrist LD		Lothian Disa	18.32m
16.55m 18.32m 14.56m FOUL			
3 Adam Miller LD		Forth Valley	15.90m
14.07m 15.90m 14.26m 12.72m			

Event 28 Men Discus 1kg DT

Name	Year	Team	Final
1 Finlay Davidson TF41		Fife	16.44m
FOUL 16.44m PASS FOUL			
2 Connor Brown T37		Fife	15.06m
15.06m FOUL 14.68m 14.96m			

Event 29 Men Long Jump Band A + B

Name	Year	Team	Final	Wind
1 Andrew Larter LD		Glasgow	5.32m	-3.1
5.09m(-0.1) 5.23m(-2.0) 5.32m(-3.1) 4.93m(-2.0)				
2 Lewis McDermid LD		Forth Valley	4.35m	-2.1
4.35m(-2.1) 3.72m(-1.2) 4.20m(-2.2) 4.11m(-0.9)				
3 Gregory Gontor LD		Glasgow	4.34m	-1.0
4.34m(-1.0) 4.16m(-2.1) 4.02m(-0.4) 4.28m(+0.0)				
4 Phillip Callander LD		Fife	3.56m	-1.7
3.53m(-2.7) 3.17m(-1.2) 3.34m(-1.4) 3.56m(-1.7)				
5 David Mair LD		Fife	3.22m	-2.8
2.83m(-0.9) 2.85m(-1.3) 3.10m(-0.9) 3.22m(-2.8)				
6 Adam Miller LD		Forth Valley	3.15m	-0.6
2.96m(-1.7) 3.14m(-1.8) 3.13m(-1.1) 3.15m(-0.6)				
7 Connor Mitchell LD		Fife	3.08m	-0.9
2.88m(-1.4) 2.83m(-1.0) 2.94m(-1.1) 3.08m(-0.9)				
8 Steven Braid LD		Fife	2.94m	-1.7
0.90m(-0.2) 2.76m(-2.9) 2.94m(-1.7) 2.89m(-0.4)				
9 Wayne Sammut LD		Fife	2.41m	-0.7
2.41m(-0.7) 2.37m(-1.1) 2.34m(-1.7) 2.21m(-2.0)				
10 Laurie Doran LD		Fife	2.40m	-0.9
1.72m(-1.0) 2.10m(-1.1) 2.30m(-1.1) 2.40m(-0.9)				
11 Bruce Anderson LD		Forth Valley	2.13m	-2.8
1.96m(-0.9) 1.27m(-1.1) 1.90m(-0.4) 2.13m(-2.8)				



SDS National Senior Athletics Championships Results 2024

Event 30 Women Band A + B Softball A

Name	Year	Team	Final
1 Pauline Bryson LD		Fife	15.12m
15.12m 13.60m 12.46m 11.72m			
2 Shona Murie LD		Fife	12.48m
10.45m 12.48m 9.87m 10.76m			
3 Chloe Ramsay LD		Fife	12.31m
12.16m 12.31m 11.20m 11.89m			
4 Michelle Wallace LD		Fife	11.02m
8.02m 11.02m 9.00m 8.37m			
5 Carys Barrie LD		Fife	10.34m
9.31m 8.98m 7.92m 10.34m			
5 Carrie-Ann Smith LD		Fife	10.34m
9.62m 10.34m 9.18m 9.48m			
7 Nicola Eccles LD		Fife	9.48m
7.41m 9.14m 5.91m 9.48m			
8 Susan Barrett LD		Fife	8.07m
6.97m 8.07m 6.66m 8.07m			
9 Lyndsay Milligan LD		Fife	7.54m
7.54m 6.83m 6.36m 7.45m			
10 Lorraine Ridgeway LD		Fife	7.27m
5.15m 7.27m FOUL 7.27m			
11 Hannah Twadell LD		Fife	6.84m
6.84m 4.86m 4.65m 6.72m			
12 Emily Cowan LD		Fife	6.31m
6.31m 4.14m 5.64m 6.09m			
13 Lynda Stewart LD		Fife	4.72m
3.89m 4.01m 4.72m 3.82m			

Event 31 Men Shot Put Band B 5kg SP

Name	Year	Team	Final
1 Paul Booth LD		Perth & Kinr	6.07m
5.15m 5.50m 5.92m 6.07m			
2 Paul Arthur LD		Fife	6.06m
5.57m 6.00m 5.32m 6.06m			
3 Ricki Ballingal LD		Fife	5.85m
5.85m 4.46m 5.12m 5.02m			
4 Wayne Sammut LD		Fife	5.15m
4.70m 4.88m 5.15m 4.82m			
5 Cameron Tweedie LD		Fife	4.87m
3.96m 4.87m 4.47m 4.21m			
6 Connor Mitchell LD		Fife	4.74m
4.37m 3.61m 3.97m 4.74m			
7 Wayne Morland LD		Fife	4.71m
4.71m 4.58m 4.08m 4.11m			
8 Rory Urquhart LD		Highland Dis	4.63m
4.51m 4.39m 4.23m 4.63m			
9 Bruce Anderson LD		Forth Valley	4.56m
4.38m 4.02m 4.56m 4.18m			



SDS National Senior Athletics Championships Results 2024

Event 32 Men Long Jump Standing SLJ Band A

Name	Year	Team	Final	Wind
1 Jordan Aitchison LD		Fife	2.12m	NWI
1.97m	1.99m	1.99m	2.12m	
2 Tomasz Cryzak LD		Fife	1.93m	NWI
1.91m	1.84m	1.79m	1.93m	
3 Paul Arthur LD		Fife	1.76m	NWI
1.73m	1.71m	1.75m	1.76m	
4 Ricki Ballingal LD		Fife	1.66m	NWI
1.51m	1.62m	1.66m	1.54m	
5 Paul Booth LD		Perth & Kinr	1.64m	NWI
1.44m	1.47m	1.29m	1.64m	
6 Wayne Morland LD		Fife	1.50m	NWI
1.33m	1.16m	1.44m	1.50m	
7 Struan O'Keefe LD		Fife	1.38m	NWI
1.24m	1.38m	1.33m	1.32m	
8 Craig Pollock LD		Fife	1.19m	NWI
1.07m	1.06m	0.93m	1.19m	
9 Stuart Robertson LD		Perth & Kinr	0.96m	NWI
0.79m	0.87m	0.85m	0.96m	

Event 33 Men Long Jump Standing SLJ Band B

Name	Year	Team	Final	Wind
1 Ijaz Anwar Ali LD		Fife	1.56m	NWI
1.37m	1.56m	1.39m	1.42m	
2 Ryan Dowie LD		Fife	1.52m	NWI
1.52m	1.45m	1.35m	1.45m	
3 Sean Howieson LD		Fife	1.17m	NWI
1.08m	1.05m	1.11m	1.17m	
4 Robert Morrison LD		Fife	1.12m	NWI
0.85m	0.93m	1.05m	1.12m	
5 Jimmy Wood LD		Fife	0.99m	NWI
0.95m	0.93m	0.96m	0.99m	
6 Danny Aitken LD		Fife	0.84m	NWI
0.40m	0.44m	0.70m	0.84m	
7 Ryan Pollock LD		Fife	0.83m	NWI
0.52m	0.62m	0.50m	0.83m	

Event 34 Mixed Club Throw

Name	Year	Team	Final
1 Charlie Wright WC		M Forth Valley	10.62m
9.74m	9.84m	10.62m	10.09m
2 Craig Dillon T71F32		M Grampian	2.93m
0.76m	1.61m	FOUL	2.93m



SDS National Senior Athletics Championships Results 2024

Event 35 Mixed Discus 1kg DT Seated

Name	Year	Team	Final
1 Julie McElroy T72	W	Glasgow	4.87m
4.74m	4.61m	4.19m	4.87m

Event 36 Women Shot Put Band A + B 4kg SP

Name	Year	Team	Final
1 Chloe Milne LD		Lothian Disa	7.29m
6.89m	7.25m	7.29m	6.94m
2 Caitlyn Ross LD		Forth Valley	7.04m
6.40m	7.03m	7.04m	7.04m
3 Carol Ball LD		Highland Dis	5.53m
5.35m	5.53m	5.27m	5.08m
4 Laura Kinder LD		Glasgow	5.51m
5.51m	5.24m	4.80m	5.50m
5 Gianna Johnstone LD		Lothian Disa	4.26m
4.26m	3.98m	3.79m	3.85m
6 Samantha Christie LD		Fife	3.64m
3.64m	3.24m	3.58m	3.30m

Event 37 Women Shot Put 3kg SP

Name	Year	Team	Final
1 Geraldine Fitzsimmons LD		Glasgow	5.74m
5.74m	5.05m	4.72m	4.94m
2 Skye Davidson TF40		Fife	3.80m
3.80m	3.70m	3.70m	FOUL

Event 38 Women Long Jump Band A

Name	Year	Team	Final	Wind
1 Carol Ball LD		Highland Dis	3.44m	-2.0
3.01m(-2.2)	3.06m(-1.0)	3.44m(-2.0)	3.43m(-1.2)	
2 Lidya Woldeeslassie TF35		Glasgow	2.81m	-1.5
2.46m(-2.2)	2.81m(-1.5)	2.71m(-0.5)	2.50m(-0.5)	
3 Nikki Baxter LD		Fife	1.50m	-0.6
1.36m(-2.7)	1.03m(-1.1)	1.06m(-2.2)	1.50m(-0.6)	



SDS National Senior Athletics Championships Results 2024

Event 39 Men Softball B

Name	Year	Team	Final
1 Jimmy Wood LD		Fife	9.89m
9.39m 7.85m 9.76m 9.89m			
2 Ryan Dowie LD		Fife	9.11m
7.79m 8.73m 7.65m 9.11m			
3 Barrie Sanderson LD		Fife	8.27m
8.27m 7.04m 7.33m 6.12m			
4 David Nicol LD		Fife	7.49m
7.49m 7.09m 7.21m 6.99m			
5 Mark Walker LD		Fife	7.37m
5.61m 7.37m 6.99m 6.32m			
6 Ciaran Dobie LD		Fife	7.07m
6.34m 7.02m 6.13m 7.07m			
7 Kirk Taylor LD		Fife	6.68m
6.68m 5.75m 5.09m 6.41m			
8 Neil McEwan LD		Fife	4.81m
3.31m 3.95m 4.81m 3.89m			
9 William Scobie LD		Fife	4.50m
3.68m 4.50m 4.19m 4.00m			

Event 40 Men Long Jump Standing SLJ Band C

Name	Year	Team	Final	Wind
1 David Nicol LD		Fife	1.13m	NWI
1.05m 0.06m 0.05m 1.13m				
2 Ciaran Dobie LD		Fife	1.10m	NWI
1.09m 1.05m 1.10m 1.06m				
3 Mark Walker LD		Fife	0.09m	NWI
0.07m 0.09m 0.07m 0.01m				
4 Neil McEwan LD		Fife	0.08m	NWI
0.05m 0.08m 0.08m 0.01m				
5 Barrie Sanderson LD		Fife	0.08m	NWI
0.07m 0.08m 0.01m 0.01m				
6 Kirk Taylor LD		Fife	0.08m	NWI
0.08m 0.02m 0.06m 0.01m				
7 William Scobie LD		Fife	0.08m	NWI
0.08m 0.04m 0.03m 0.03m				



SDS National Senior Athletics Championships Results 2024

Event 41 Men Shot Put Band A 5kg SP

Name	Year	Team	Final
1 Daniel Gilchrist LD		Lothian Disa	8.09m
7.97m 7.91m 8.09m 7.58m			
2 Phillip Callander LD		Fife	6.90m
6.89m 6.90m 6.24m 6.27m			
3 Joshua Fisher LD		Forth Valley	6.15m
6.15m 5.86m 6.00m 5.95m			
4 Connor Brown T37		Fife	5.65m
5.08m 5.39m 5.43m 5.65m			
5 Struan O'Keefe LD		Fife	5.21m
4.86m 4.84m 4.87m 5.21m			
6 William Jack T20		Fife	4.88m
4.88m 3.38m 3.60m 4.04m			
7 Sean Howieson LD		Fife	4.45m
4.45m 4.31m 4.44m 4.28m			

Event 42 Mixed Javelin 600g JT Seat

Name	Year	Team	Final
1 Adam Donnachie F57		M S Lanarkshire	20.93m
18.40m 20.73m 20.93m 20.20m			
2 Jonathan Brown F33		M Fife	8.09m
8.09m 7.45m 6.98m 7.22m			

Event 43 Mixed Shot Put Seated SP

Name	Year	Team	Final
1 Adam Donnachie F57		M S Lanarkshire	7.92m
7.41m 7.80m 7.92m 7.75m			
2 Jonathan Brown F33		M Fife	4.02m
3.97m 4.01m 4.00m 4.02m			
3 Kerry Mathers T72F34		W Grampian	2.95m
2.69m 2.74m 2.75m 2.95m			

Event 44 Men Javelin 800g JT

Name	Year	Team	Final
1 Steven Stone TF20		Forth Valley	26.04m
FOUL 26.04m PASS PASS			
2 Lewis McDermid LD		Forth Valley	20.16m
FOUL 20.16m 17.60m 19.56m			
3 Adam Miller LD		Forth Valley	18.50m
18.50m 17.01m 17.84m 17.76m			
4 Darren Carruthers LD		Glasgow	18.01m
15.28m 18.01m 16.29m FOUL			
5 Daniel Gilchrist LD		Lothian Disa	17.89m
FOUL 15.33m 15.89m 17.89m			
6 Gavin Miller T20		Forth Valley	15.95m



SDS National Senior Athletics Championships Results 2024

15.95m	15.52m	15.88m	13.98m	
7 Alasdair Larter LD			Glasgow	6.09m
FOUL	6.09m	5.74m	FOUL	



SDS National Senior Athletics Championships Results 2024

Event 45 Men Javelin 600g JT

Name	Year	Team	Final
1 Coltrane Brady LD		Glasgow	7.31m
6.38m 6.44m 7.31m 5.35m			

Event 46 Women Javelin 600g JT

Name	Year	Team	Final
1 Caitlyn Ross LD		Forth Valley	15.73m
13.11m 12.92m 15.73m 14.58m			
2 Chloe Milne LD		Lothian Disa	14.27m
11.54m 14.27m 11.73m 12.34m			
3 Carol Ball LD		Highland Dis	11.79m
FOUL 11.79m 11.48m 11.76m			
4 Gianna Johnstone LD		Lothian Disa	9.64m
9.64m 9.08m 6.43m 7.78m			
5 Geraldine Fitzsimmons LD		Glasgow	9.37m
9.10m 9.37m 9.00m 8.91m			

Event 47 Men Shot Put 7.26kg SP

Name	Year	Team	Final
1 Steven Stone TF20		Forth Valley	9.18m
9.18m PASS PASS PASS			
2 Liam Nolan T20		Forth Valley	8.19m
7.64m 7.69m 7.27m 8.19m			
3 Gavin Miller LD		Forth Valley	7.36m
6.83m 7.20m 7.36m 7.22m			
4 Matthew Power T20		Lothian Disa	6.84m
6.43m 6.81m 6.41m 6.84m			
5 Laurie Doran LD		Fife	5.34m
5.34m 5.06m 5.23m 4.69m			

Event 48 Men Shot Put 4kg SP

Name	Year	Team	Final
1 Finlay Davidson TF41		Fife	6.18m
6.04m 6.18m 6.14m 6.18m			
2 Bobby Laing SS		Lothian Disa	5.82m
5.70m 5.36m 5.82m 5.11m			



SDS National Senior Athletics Championships Results 2024

Event 49 Women Long Jump Standing SLJ Band A

Name	Year	Team	Final	Wind
1 Pauline Bryson LD		Fife	1.22m	NWI
1.08m 1.14m	1.22m	1.18m		
2 Chloe Ramsay LD		Fife	1.17m	NWI
0.90m 1.06m	0.94m	1.17m		
3 Samantha Christie LD		Fife	1.04m	NWI
0.92m 0.97m	1.04m	0.89m		
4 Carys Barrie LD		Fife	1.02m	NWI
1.02m 0.98m	0.67m	0.84m		
5 Nicola Eccles LD		Fife	0.97m	NWI
0.89m 0.81m	0.97m	0.90m		
6 Shona Murie LD		Fife	0.85m	NWI
0.67m 0.72m	0.61m	0.85m		

Event 50 Women Long Jump Standing SLJ Band B

Name	Year	Team	Final	Wind
1 Hannah Twadell LD		Fife	1.21m	NWI
1.21m 0.75m	0.36m	0.15m		
2 Carrie-Ann Smith LD		Fife	0.88m	NWI
0.77m 0.83m	0.76m	0.88m		
3 Susan Barrett LD		Fife	0.72m	NWI
0.56m 0.54m	0.72m	0.56m		
4 Michelle Wallace LD		Fife	0.56m	NWI
0.39m 0.48m	0.46m	0.56m		
5 Lyndsay Milligan LD		Fife	0.54m	NWI
0.53m 0.54m	0.47m	0.50m		
6 Emily Cowan LD		Fife	0.53m	NWI
0.53m 0.51m	0.47m	0.52m		
7 Lynda Stewart LD		Fife	0.23m	NWI
0.08m 0.23m	PASS	PASS		
8 Lorraine Ridgeway LD		Fife	0.11m	NWI
0.11m 0.06m	0.06m	PASS		

Event 51 Men Softball A

Name	Year	Team	Final
1 Danny Aitken LD		Fife	17.95m
FOUL 16.38m 15.96m	17.95m		
2 Steven Braid LD		Fife	14.63m
13.65m 14.21m 14.59m	14.63m		
3 Jordan Aitchison LD		Fife	14.52m
8.77m 14.52m 13.57m	4.44m		
4 Tomasz Cryzak LD		Fife	13.88m
FOUL 13.66m 13.88m	11.69m		
5 Craig Pollock LD		Fife	12.82m
10.36m 10.91m 12.30m	12.82m		
6 Robert Morrison LD		Fife	12.77m
10.12m 11.06m 10.34m	12.77m		





SDS National Senior Athletics Championships Results 2024

7	Ijaz Anwar Ali LD	Fife	10.98m
	5.77m 10.75m 10.98m 10.54m		
8	Ryan Pollock LD	Fife	10.40m
	9.06m 9.74m 10.22m 10.40m		
9	Stuart Robertson LD	Perth & Kinr	9.22m
	6.50m 6.80m 8.41m 9.22m		