



Scottish Disability Sport

Sport and physical activity in Scotland are welcoming and inclusive for participants with disabilities.

SDS VOLUNTEERS CODE OF CONDUCT

Scottish Disability Sport (SDS)

SDS is committed to the highest standards in sport and expects all coaches and volunteers to honour and observe the following code.

Respect for Others

- I will respect the rights, dignity and worth of children, athletes, players, volunteers, other coaches, friends, families and spectators while on duty as an SDS coach.
- I will treat everyone equally regardless of disability gender reassignment, sex or sexual orientation, ethnic origin, marriage and civil partnership, pregnancy or maternity, religion or race.
- I will be a positive role model for children, athletes and players.
- I will respect the talent, developmental stage and goals of each child, athlete and player.

Be Professional and Responsible

- My manner, language, punctuality and preparation will be of the high standard expected by SDS.
- I will be aware that I am representing SDS while training, competing or volunteering and will ensure that I do not bring SDS or my sport into disrepute. This includes personal behaviour and communication including all social media platforms.
- I will display control, respect, dignity and professionalism to all involved and associated with SDS. (coaches, athletes, players, opponents, teammates, officials, administrators, parents and spectators)
- I will encourage participants to demonstrate the same qualities.
- I will refrain from any form of personal abuse towards athletes, players and others, including verbal, physical and emotional abuse.
- I will be watchful to any form of abuse directed towards children, athletes and players in my care from any other sources.
- I will be knowledgeable about the sports rules required for each sport I coach.
- I will try at all times to ensure that participants are ready to compete and, in a position, to perform to their full potential.

Health and Safety for the Participants

- I will ensure that the equipment and facilities are safe to use
- I will ensure that the equipment, clothing, rules, training and the environment are appropriate for the age and ability of the athlete and participants in my charge.
- I will be aware of the limitations of each athlete and participant that is highlighted on any medical information I am provided with for any participant in my charge.
- I will maintain the same interest and support to any injured or sick athletes and players.

Staying Safe When Travelling Guidance

The points below are guidance to consider when travelling to and from SDS events.

- I will plan travel in advance — know routes, meet-up points, and contact numbers.
- I will travel with others, if possible, especially after dark or in unfamiliar areas.
- I will share travel plans and expected arrival times with a trusted contact or coordinator.
- I will keep valuables secure and carry only necessary items.
- I will use reputable transport options — e.g., registered taxis, official vehicles, or public transport.
- I will keep emergency contact details and organisation emergency numbers handy.
- I will follow local laws and regulations, particularly when travelling abroad.
- In the event of any incident or delay, I will contact event organisers promptly.

The UK Data Protection Act and UK General Data Protection Regulation require that you are informed about how your personal information will be used. More information can be found in the [SDS Privacy Notice](#).

I understand that if this Code of Conduct is violated in any way, it could prohibit me from being involved with Scottish Disability Sport.

Signed: _____

Print Name: _____

Event: _____

