

Leading inclusive sport in Scotland for participants and athletes with physical, sensory or learning disabilities.

UK Disability Inclusion Training Tutor

Overview

Scottish Disability Sport (SDS) delivers over 100 UKDIT workshops on an annual basis to partners including Scottish Governing Bodies of Sport, Local Authority/ Trusts, and the education and health sectors.

SDS has an eight-year strategy 2021-2029 which identifies Coaching, Education and Learning as one of the five key impact areas and more specifically;

Providing quality and inclusive learning opportunities

- Supporting the embedding of disability inclusion for Scottish governing bodies of sport in policy, education, development and delivery.
- Supporting disability inclusion training within the tertiary and education sectors.

The UKDIT workshop

SDS, in conjunction with Home Country Disability Organisations, has developed a UK Disability Inclusion Training (UKDIT) course aimed at those interested in becoming involved in sport for people with a disability. The 6-hour workshop includes a detailed mix of theory and practical delivery followed by an assessment to allow participants to positively include people with a disability in physical activity and sport. A 3-hour version of the course has also been developed which focuses on an overview of the theory and practical element. Variations of the 3-hour workshop exist including sport-specific, audience-specific and practical-only workshops.

Workshop Aims

- Focus on ability rather than disability
- Influence and deliver good practice
- Communicate effectively
- Support the inclusion of disabled people in sport
- Where to go to for further information

Theory

Section 1: Perceptions and Experiences

Section 2: Understanding the participant

Section 3: Communication

Section 4: AIM and STEP

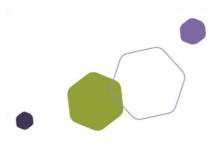
Section 5: Barriers and possible solutions to participation

Section 6: Signposting

Practical

The practical session involves putting into practice the underlying principles of **STEP** interaction of: **S** pace, **T** ask, **E** quipment, **P** eople and the Activity Inclusion Model

In May 2020, a virtual classroom was developed using the same UKDIT theory content which is delivered via Zoom as part of a blended learning approach.





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Tutor Purpose

The Scottish Disability Sport (SDS) UK Disability Inclusion Training (UKDIT) Tutor will deliver the UKDIT to meet the outcomes of the workshop and meet the learning needs of the candidates providing a positive and quality experience for all.

Main Duties

The tutor will be required to:

Before

- · Communicate through the Teams channel regarding availability to tutor
- Once workshop is allocated, agree with co-tutor who leads each section
- Liaise with course organiser if appropriate
- Collect equipment
- Use Teams to download most up to date presentation
- Prepare for delivery

During

- Welcome participants on arrival, take register and ensure ready to start on time
- Keep fully engaged in the session
- Deliver the UKDIT to meet the course outcomes
- Engage with candidates, asking and responding to questions
- Work with co-tutor to ensure positive interaction with participants and smooth transitions between sections
- Regularly monitor timings, keep to the schedule
- Non-presenting tutor should support participants
- Ensure supervised assessment
- Promote evaluation/feedback
- Wear SDS branded clothing

After

- Send list of participants to coaching administrator
- Submit tutor claim form
- Return equipment
- Review the workshop with co-tutor and reflect on learning for next delivery
- Highlight any positives or challenges to <u>coaching@scottishdisabilitysport.com</u>

Other

- Participate in a minimum of one tutor training session on an annual basis
- Deliver a minimum of two workshops on an annual basis unless extenuating circumstances prevail
- Keep up to date on
 - o physical activity and sport for participants with a disability
 - training matters through CPD
- Participate in being assessed on a five-yearly basis as a minimum requirement but may be more

Tutor Person Specification

Essential Skills and Qualities:

- PDA Qualification (or equivalent)
- Strong presentation skills
- Strong communication skills
- Organisation Skills
- Prepared





Scottish Disability Sport

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- Aware of Disability Sport
- Flexible and Adaptable
- Punctual
- Enthusiastic
- Creative
- Friendly and Approachable
- A Good Listener
- Good Problem Solving Skills
- Inclusively Minded
- Keen to Learn

Desirable Skills and Qualities:

- Aware of Wider Context of Disability Sport in Scotland
- Confident in Subject Matter
- Experience of Workshop Delivery
- Takes Initiative
- Can Draw upon Experiences to Bring Content to Life
- Able to Build Relationships with Learners
- Confident in Facilitation
- Innovative
- Able to Keep Order and Control Busy Environments
- Empowering

