Boccia Bletherin' Lining Masterclass











LINERS WORKSHOP

1.5 hour course Practical course











WORKSHOP OBJECTIVES

By the end of the workshop you should be able to:

- Understand the role of a Liner
- Assist the Referee to officiate a game of boccia
- Put key skills into practice











COURSE CONTENT

Video Analysis
Court position
Communication
Body Language
Measuring











Boccia Bletherin' Video Analysis











VIDEO ANALYSIS

END 1 (31.51)

In 3's watch, discuss the liner.

Look at:

Positioning

Body Language

Movement











VIDEO ANALYSIS

END 2 (47.51)

In 3's watch, discuss the liner.

Look at:

Positioning

Body Language

Movement















PERSONAL PLAN

As individuals write down three statements about how you plan to line at the Boccia World Cup e.g. I will always focus entirely on my court.











Boccia Bletherin' Practical









