

GO KIDS GO

WHEELCHAIR SKILLS TRAINING

Free, fun and inclusive sessions for 2 -18 year olds. Extra wheelchairs provided so the whole family can join in!



Manual or powered wheelchairs
Propulsion & manoeuvring
Slopes and rough ground,
Back wheel balancing,
Road safety
Emergency evacuation techniques
Wheelchair sports & Dance

Saturday 14th October
10am – 2pm

Get active @ Jesmond,
Jesmond Dr, Bridge of Don,
Aberdeen, AB22 8UR
(Please bring a packed lunch)

To book a free place email:
roy@go-kids-go.org.uk