

Basic Rules of Boccia

Boccia is a game of attack and defence, where each side tries to score as many points as possible by placing their own coloured balls closest to the white jack.

Each side can have one, two or three players, depending on if it is a singles, pairs or team match.

In a game, both sides compete against each other over a number of ends – four ends for singles and pairs, or six ends for a team game.

In each end, all thirteen balls are propelled onto court – the jack, six red and six blue.

Both sides must occupy their designated boxes in the court from where all balls are propelled.

The red side always starts the first end by sending the jack into court.

Each player propels the jack onto court in turn at the start of each end.

- Team game: from box 1 to box 6.
- Pairs: from box 2 to box 5
- Singles: alternately by each of the two players.

The player who propels the jack also propels the first coloured ball. The other side then propels their first coloured ball.

The side furthest away from the jack then carries on playing, until they either become closer to the jack or run out of balls.

The side with remaining balls then propels them onto court.

The end finishes when all balls have been propelled onto court.

The end is scored by awarding one point for every ball of the same colour which is closer to the jack than the first opposing coloured ball.

The game is won by the side who has the highest score after all the ends have been played.

