

SCOTTISH DISABILITY SPORT

SCOTTISH JUNIOR CHAMPIONSHIPS

FOR SWIMMERS WITH A LEARNING DISABILITY

RULES

1. ELEGIBILITY

- 1.1 The Junior Championships are open to swimmers under 18 years of age, on the day of the event who have a learning disability.
- 1.2 Eligible youngsters may attend a school or college and/or be a member of a mainstream swimming club or disability swimming club.
- 1.3 If a swimmer has a physical and/or sensory disability plus a learning disability, please contact the Events Manager on events@scottishdisabilitysport.com to discuss.
- 1.4 Swimmers must be able to swim 25 metres without assistive devices to be entered for the Championships.
- 1.5 If area contact personnel, teachers or coaches are uncertain about the eligibility of a swimmer, the matter should be referred to the Events Team for a ruling. Staff are reminded that eligible swimmers must have a learning disability.
- 1.6 Each Area Organiser should ensure that all swimmers, coaches and team support conform to the SDS Code of Conduct. Area Organisers may want to ask individuals to read and sign and keep copies on record.

2. CLASSIFICATION FOR COMPETITION

The Class into which a swimmer is entered is determined by the time band into which the swimmer falls by reference to the time recorded by that swimmer in his/her last swim for a particular stroke over a specific distance.

2.1 Free-Style, Back-Stroke

Time bands are as follows:

25 metres Pool

<u>Class</u>	<u>Distance</u>	<u>From</u>	<u>To</u>
1	50 metres	Up to	49.99 secs
2	50 metres	50.00	56.99 secs
3	50 metres	57.00	66.99 secs
4	50 metres	67.00	78.00 secs
5	25 metres	28.00	32.99 secs
6	25 metres	33.00	37.99 secs
7	25 metres	38.00	43.99 secs
8	25 metres	44.00	50.99 secs
9	25 metres	51.00	57.99 secs
10	25 metres	58.00	and up

Swimmers may not be entered in more than one distance for each stroke

2.2 Breast Stroke

<u>Class</u>	<u>Distance</u>	<u>From</u>	<u>To</u>
1	50 metres	Up to	56.99 secs
2	50 metres	57.00	66.99 secs
3	50 metres	67.00	78.00 secs
4	25 metres	28.00	32.99 secs
5	25 metres	33.00	37.99 secs

2.4 **Butterfly**

<u>Class</u>	<u>Distance</u>	<u>From</u>	<u>To</u>
1	50 metres	Up to	44.99 secs
2	50 metres	45.00	57.00 secs
3	25 metres	28.00	32.99 secs
4	25 metres	33.00	44.00 secs

2.5 **100 metres Individual Medley – Open**

- available only to swimmers who record a time of less than 28 seconds for 25 metres Butterfly.

2.6 **100 metres Free Style - Open**

- all swimmers who record a time of less than 42 seconds for 50 metres free style must enter this free style event only.

2.7 **50 metres Free Style, 50 metres Back, 50 metres Breast Stroke 50 metres Butterfly and 100 metres IM – OPEN**

- The 100 metres IM is available to swimmers who swim 25 metres butterfly in less than 28 seconds.

3. **RULES OF STROKES**

For the purpose of this competition, the rules of stroke will be as in the WPS rules. Exceptions will be made for classified swimmers with stroke exceptions and these will be given to the relevant officials. For unclassified swimmers, leeway will be shown in applying the rules relating to the previous adapted versions with respect to disqualifications. Where officials deem the action to not be an attempt at gaining an obvious advantage the swimmer will not be disqualified and advised on the area to improve. Swimmers without a classification and new to competition will be treated sympathetically on these matters and at the discretion of the STOs in partnership with SDS and SS delegates.

4. EVENTS

4.1 For swimmers with a learning disability the following events are available: -

1. Back stroke (25, 50 or 100 metres)
2. Free style (25, 50 or 100 metres)
3. Breaststroke
(Five classes only) (25, 50 or 100 metres)
4. 100 metres Individual Medley
(Butterfly, Backstroke,
Breaststroke, Freestyle)
5. Butterfly (25, 50 or 100 metres)
(Four classes only)

Swimmers may be entered for all five (5) events listed above.

5. PRELIMINARY CHAMPIONSHPS & SWIMMER LIMITS

- a) In order that the best swimmers from each Area shall reach the Championships, it is recommended that each Area hold a preliminary Gala or time trials on similar lines to the Championships.
- b) All youngsters whose names appear on the entry form submitted by an Area Representative will qualify for the Championships. It is the responsibility of each representative to advise competitors accordingly and to arrange for their attendance on the day.
- c) For these championships there is no limit to the number of swimmers an area can enter.