

# **Go Kids Go!**

Independence through mobility



**Skills,  
Games  
&  
Advice**



## **Free Wheelchair Skills Sessions**

**A great chance to learn skills to help you become more independent. Manual or powered wheelchair users welcome. Extra wheelchairs provided for family members to participate.**

**We welcome young people from 2 yrs upwards!**

**Small groups - Covid secure setting**

**Monday 11<sup>th</sup> October**

**Sessions at 10.00am – 11.45am & 12.15pm – 2pm**

**Charleston Community Complex**

**Kinmylies, Inverness, IV3 8ET**

**Sessions need to be pre-booked, please email [roy@go-kids-go.org.uk](mailto:roy@go-kids-go.org.uk)**

**Please share this flyer with any other families that you think might be interested**

**[www.go-kids-go.org.uk](http://www.go-kids-go.org.uk)**