



Coming Back to Sport

considerations, conversations and coming back to sport for coaches, volunteers and officials

This workshop programme aims to share ideas, support challenges we might all face, come up with resources we can use and allay some worries to help us realise we are not alone.

The topics for the workshops have been requested by coaches, volunteers and officials and further themes can be added if and when identified.

The workshops are aimed at everyone working with participants with disabilities who are returning to physical activity and sport, or anyone wishing to engage more participants with disabilities. There will be plenty of opportunities for questions and finding solutions. There will be NO financial cost for attending any of the seminars.

What is a virtual classroom?



A virtual classroom is an online learning environment which is interactive. You can access it from the comfort of your own home. You can see and talk live to the course tutors and other participants, ask questions and view slides and video content.

The course will be delivered in the virtual classroom in an interactive style, similar to attending a face-to-face workshop.

The tutors will lead you through the learning outcomes, providing information and facilitating discussions for the whole group and managing small breakout groups.

How does it work?

The platform will work on desktops, laptops and tablets. Where possible we recommend that you do not use a mobile phone to log in as it will negatively impact the quality of your experience and engagement. However, if this is the only method available to you please let us know in advance.

24-28 hours prior to the workshop you will receive an email with joining instructions.



19 May 2021 | 4.00-5.00pm | Victoria Clark

How do you feel as a coach, volunteer or official returning to sport?



There are a whole variety of emotions that we might be experiencing about being involved in leading a session in 2021.

The purpose of this seminar is to think about what matters to you and how to make it work for you.

[Register here](#)

24 May 2021 | 5.00-8.00pm | Alison Shaw

Child Wellbeing & Protection in Sport (CWPS)

Ensuring your CWPS training is up to date.

The CWPS course is the recognised course for safeguarding in sport for coaches, volunteers and officials sport and is certificated by **sportscotland** and Children 1st. The training will provide you with knowledge that will give you the confidence to deal with issues which may arise in your role working with children.

This is a blended learning course made up of two modules:

- **Module 1:** this is a pre-course online module. Details will be emailed to participants ahead of the course.
- **Module 2:** this is a 3-hour virtual classroom workshop.

Certification: You must complete both modules to receive a certificate which will be available 48 hours after completion and can be downloaded and printed. Please note that CWPS training is valid for 3 years, after which you are required to attend update training.

[Register here](#)

sportscotland
the national agency for sport



2 June 2021 | 7.00-8.00pm | Richard Brickley OBE MBE, Lynn Allison, Graeme Doig

Making the processes and procedures for a return to sport, straightforward and manageable



Coaches, volunteers and officials will share examples, templates, processes and procedures which have meant a safe return to sport.

The purpose of this seminar is to avoid having to reinvent the wheel, ask the questions and collectively find the solutions. Throughout the seminar useful templates and procedures will be shared and there will be signposting to helpful resources.

[Register here](#)

8 June 2021 | 6.00-8.00pm | Chris Cleary

First Aid

This workshop is a great way to update active qualified first aiders with the current guidance and to recap knowledge. It does not replace full practical courses but is a great workshop for anyone keen to learn more about first aid before completing a full practical course.

This workshop covers knowledge on: What is First Aid - Legislation (First Aid Provision, First Aid Kits and First Aid Reporting) - Responsibilities - Action in an Emergency - Primary Survey - Secondary Assessment - Resuscitation and Defib - Performing CPR during COVID-19 - Choking and Shock - Seizures - Course Quiz

[Register here](#)



23 June 2021 | 6.00-7.00pm | Claire Morrison

Participants Return



- How do I as a coach, volunteer or official manage expectations for participants?
- How do I support the return of participants to physical activity and sport?
- Do I want to return to the way sessions used to run - do I/we want the familiar?
- Can I do something even better in my session?
- What would it look like?

[Register here](#)