

## Scottish Disability Sport Report for Toyota

### UK Disability Inclusion Training Workshops 2020/2021

Scottish Disability Sport (SDS) is delighted to report on the 14 workshops involving 222 participants which took place between August 2020 and March 2021 covering 12 branches and including two workshops postponed from 2019/2020 as a result of Coronavirus.

#### Locations:

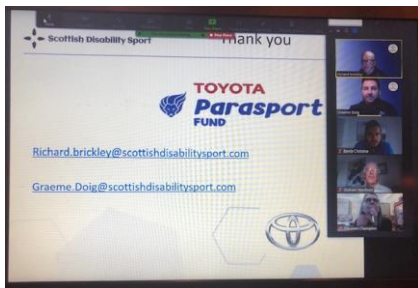


#### Number of participants over 14 workshops

Aberdeen	31
Dundee	23
Stirling	21
Borders	14
Glasgow	17
Edinburgh	13
East Ayrshire	15
Fife	14
Dumfries and Galloway	10
Highland	18
Perth and Kinross	34
Angus	12 – <i>anticipated numbers, scheduled for end March</i>

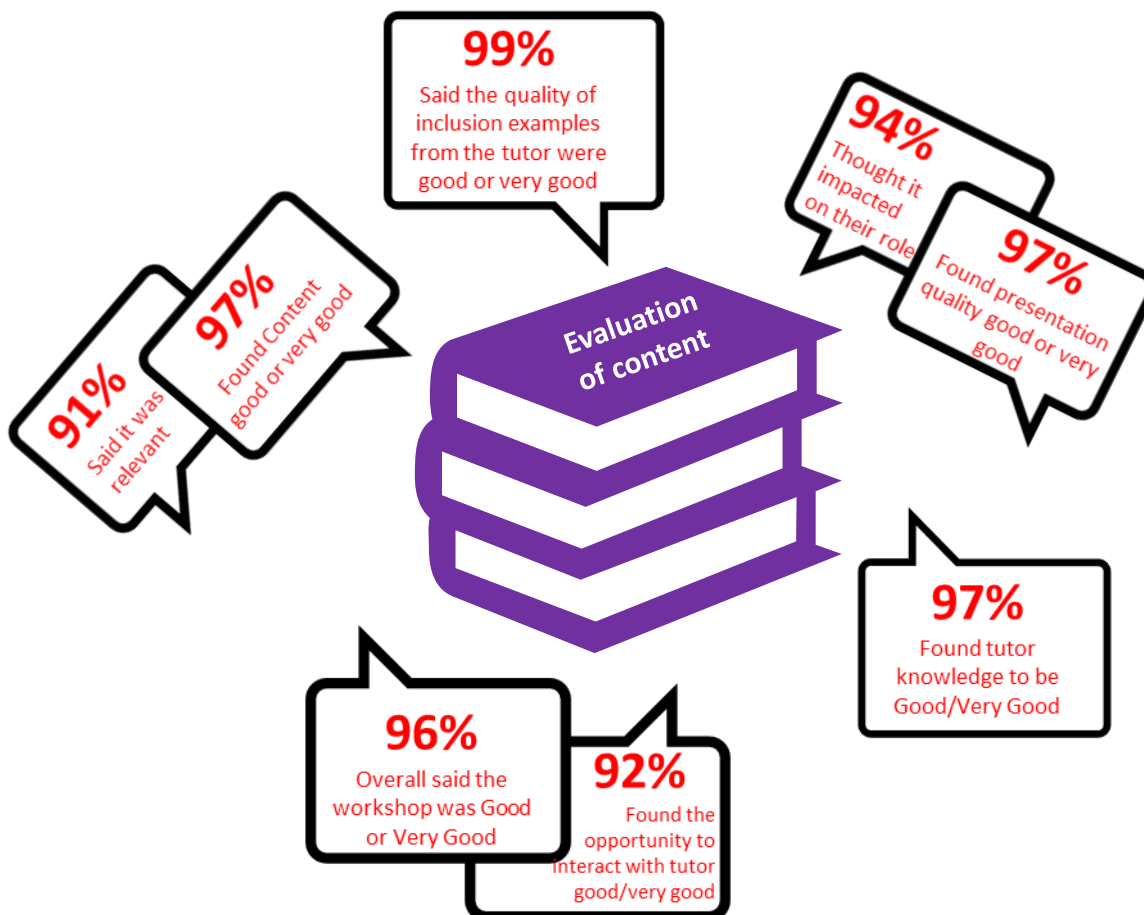
#### Online Learning:

All of our workshops were redeveloped to work using the Zoom platform, allowing easy access from home whilst continuing to keep the interaction and engagement from the participants.



## Evaluation of Content

All the participants were asked at the end of each session to evaluate the workshop content over several areas. The options for each area were Very Poor, Poor, Average, Good or Very Good.



## Feedback

The workshops were once again very well received. Outlined below are just a few of the general comments from the evaluation summaries.

- "Interaction was excellent, liked the use of the polls and being split into groups for discussions"*
- "Good course which has developed my understanding on Disabilities Inclusion. Thank you"*
- "It was good to take part with a wider group of participants that perhaps would not have been together (even without Covid restrictions) for a training event."*
- "It's good to have support for coaches who are trying to support athletes with disabilities take part in inclusive sessions."*
- "I liked the way the tutors changed the different ways we worked. Breakout rooms and answering questions on screen kept it interesting."*
- "Without the zoom, I couldn't have participated, so that was good."*
- "Since the covid crisis, I have missed out on a lot of sporting activities and really miss it, so we should all be doing a lot more to encourage people with disabilities to participate because they could gain a lot, healthwise and in self confidence."*
- "The session was very interesting and enjoyable. I now feel more confident about our clubs participation with SPORTEd's Project 21."*
- "How to successfully communicate with people with a disability was most useful. "*
- "Simple and brilliant that it was interactive, I've never used the breakout rooms or whiteboard functions on Zoom and thought it was great."*
- "I think this session went well I have learned so much and its helped me and makes me want to work more with disabilities"*
- "I enjoyed hearing what others has to say about disability and how they handle it in their sport"*
- "The sharing of the poll was really good. I enjoyed the amount of interaction we have throughout the workshop. It was very proactive considering it was a virtual workshop."*
- "I really enjoyed the workshop and I came away with knowledge that I didn't have before."*

*"Videos watched prior to training was useful, how to include participants with disabilities, communication Key messages given to take away (Focus on ability not disability, be creative and confident) "*

*"Was very interactive and informative. Lots of examples of different scenarios and good strategies to support different participants we will be working with."*