

STEP

Beanbag Skittles

	Easier	Harder
S	» Reduce the size of the playing area	» Use a larger playing area » Have a wider space between the skittles
T	» Teams to knock down closest row of skittles » Stop activity after specified time limit and count how many skittles each team has knocked over	» Players must use non-dominant hand when throwing » Introduce time limit for knocking down all skittles
E	» Use large balls » Use larger skittles » Allow unlimited number of beanbags	» Use smaller skittles » Allocated number of beanbags per player/team
P	» Increase the number of people on each team	» Reduce the number of people on each team

Impairment specific considerations:

Blind and partially sighted:

- » Use hi-visibility skittles

Deaf and hard of hearing:

- » Use flag/bib to signal start/finish of the activity

Physical Disability:

- » Ensure any players requiring ramp/chute have suitable supply of balls to throw

Learning Disability:

- » Consider allocating teams closest row of skittles

Tip: Ask kids to paint/colour used plastic drinks bottles to use as targets