



Red Star A.C

Red Star AC is having 2 come and try evenings to encourage our young school aged pupils to get involved in Athletics. If your child is interested please bring them along on any of the nights to meet the coaches and the other athletes.

Come and try Dates: Monday 14th May & Thursday 17th May

We train on Monday and Thursday evenings, from 7 - 8:00 pm, throughout the year, with a break at Christmas. Training takes place at the Crownpoint Sports Complex, 183 Crownpoint Road, Glasgow, G40 2AL.

Fees are approx £3, (if you are a young scot card holder you can take a 6month membership for £39 which gives you unlimited access to the track/ swimming pools and gyms etc in the city)

If you can't make the come and try days but would like to get involved you can contact Ian Mirfin or Janice Eaglesham in the following ways:

By Phone:

Land line: 0141 641 1920

Mobile: 07712 624 498

By Email:

Email: enquiries@redstarac.org.uk