

## **Glasgow Learning Disability Tennis Camp**

Our tennis session is for people with a learning disability who want to get active, have fun and meet new people! Tennis is a great way to improve physical and mental health and wellbeing and can be adapted to suit everyone. Courts, rackets and balls can be adapted for all abilities.

Never played before? Why not give it a go!

If you have any questions or would like more information please don't hesitate to give us a call.

Location: Gorbals Tennis Centre, 275 Ballater St, Glasgow, G5 0YP

**Date:** Saturday 19<sup>th</sup> May 2018 **Time:** 11am to 5pm **Cost:** £15.00

How to book: https://www.lta.org.uk/coach-teach/courses/class/?classId=1-EE55M95