



fife
Scotland



GOGA in Fife makes a difference to bowls in central Fife

Last year two coaches from Dovecot Park Bowling Club attended a UK Coaching How to Coach Disabled People in Sport workshop organised by Disability Sport Fife (DSF). As a follow up DSF identified a number of adults with additional support needs to attend the club for coaching. Thanks to investment in Fife through Get Out Get Active, supported by Spirit of 2012, (GOGA in Fife) the learner bowlers are fully included in club activities and now cannot wait for the 2018 season to start.



This year through the GOGA in Fife “Action for Change” programme, junior learners with additional support needs were invited to the Michael Woods Sports & Leisure Centre for five introductory sessions to carpet bowls. The project came about because the Glenrothes HS youngsters themselves expressed an interest in learning about bowls. As a follow up, Disability Sport Fife has provided the school with a second hand carpet and bowls to enable the youngsters and their support staff to practice in school on a regular basis. The follow up plan is for the youngsters to be introduced to outdoor bowls at Dovecot Bowling Club when the improved weather arrives.

Richard Brickley MBE – President Disability Sport Fife

Bowls is one of the most inclusive of sports in Fife. Bowls is a most appropriate form of active recreation and the pupils involved with GOGA in Fife selected bowls as opposed to other activities. With additional practice and guidance from a very committed GHS staff team I am confident that the pupils will settle into inclusive coach led session at Dovecot Bowling Club when the outdoor season begins. Well done to teacher Elizabeth Dunn and her colleagues for coordinating the arrangements and extending this programme to school based learning and beyond.



GOGA in Fife will inspire children, young people and adults with a physical, sensory or learning disability, plus **significant others**, to access and enjoy physical activity including sport. GOGA in Fife is inclusive in ethos and practice and will involve key DSF partners. To register please contact **Norma Buchanan** norma.buchanan@fife.gov.uk

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