

# Get on Target with Boccia



Boccia is a disability sport for people with disabilities. Players throw, kick or ramp balls towards a target ball.

These fun sessions are open to all individuals with physical and learning disabilities. If you are looking to get more active and meet new friends, these sessions are for you!

- All ages and abilities welcome
- No previous experience required
- Equipment will be provided

Venue: St Maurice's High School, North Road, Cumbernauld G68 9AG

Starts: Thurs 26th October

Time: 5.00pm

## Contact

**For more information contact 01236 757657 ext 5256  
or email**

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