

Scottish Borders Para-Athletics Development Day

Saturday 28th October 2017

2.00pm – 4.00pm

Tweedbank Sports Complex, Tweedbank, Galashiels, TD1 3RS



Scottish Borders Disability Sport Group are working with a host of key partners to plan and deliver a Para Athletics 'taster session' for all individuals with a physical, learning or sensory impairment.

Come and try running, jumping, throwing or wheelchair racing under the guidance of experienced athletics coaches.

- Are you interested in starting a new sport or physical activity?
- Are you interested in representing your country at International competition, including the Paralympic Games & Commonwealth Games?
- Motivated by the recent World Para Athletics Championships?

This may be the opportunity that you have been looking for.....

For further information or to register your interest in the day, please contact Alan Oliver on 01750 700 110 / 0788 747 1137 or aoliver@liveborders.org.uk.