



SCOTTISH DISABILITY  
SPORT

# Parasport Day

## 7th June 2017

Aberdeen Sports Village  
10:30 – 14:00



## **Introduction & Background**

This pack contains information on the Parasport Day where children from your school are being invited to attend.

The Parasport day gives the children the opportunity to try exciting para-sports which they will have seen in the Rio Paralympic Games in 2016. The sports will be adapted and tailored to the different children's needs so everyone will be able to participate to their maximum ability. This will allow the children to gain all the benefits sport can provide. Benefits like increased strength and physical fitness, opportunity to meeting new people and make new friends.

## **Target Groups**

The Parasport day is aimed at children who have a physical disability or sensory impairment from both primary and secondary age groups.

## **Event Staff**

The event will be staffed by Active Schools Coordinators, Development Officers, Scottish Disability Sport Regional Development Manager and Club Coaches.

## **Location**

The Parasport day will be held at Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU

## **Timings**

10:30 – 14:00 on Wednesday 7<sup>th</sup> June 2017.

## **Sports**

Athletics, Football, Boccia, Basketball/ Wheelchair Basketball and table tennis. (please note some sports will only be on offer for the appropriate impairment group for the sport)

## **Refreshments**

There is a café at Aberdeen Sport Village but we recommend you bring plenty to drink and a packed lunch.

## **What do we do when we get there?**

There will be a registration desk set up outside the games hall where you can sign in for the event. There you will be given a parasport t-shirt to keep and be given your group and timetable for the day.

## **Guidelines for Pupil Selection**

Below is a set of guidelines for pupils who are eligible to take part in the Parasport day

### **Physical Disability**

- Achondroplasia (dwarfism)
- Amputees (including dysmelia)
- Arthrogryposis
- Brittle Bones
- Cerebral Palsy
- Legge-Perthes
- Multiple Sclerosis
- Muscular Dystrophy
- Polio
- Spina Bifida
- Spinal Cord injury

### **Deaf/Hearing Impairment**

Sensory disability relates to an impairment to one (or more) of the sense. An individual may have no hearing (deaf) or a mild impairment to their hearing. Some examples include:

- Tinnitus
- Otosclerosis
- Stickler Syndrome

### **Blind/Visual Impairment**

Sensory disability relates to an impairment to one (or more) of the sense. An individual may have no sight (blind) or a mild impairment to their sight. Some examples include:

- Tunnel vision
- Cortical visual impairment

*\*Please note that this list is not exhaustive, however it provides a guide.*

### **There are a number of conditions for which this event is not available:**

- ADHD
- Aspergers Syndrome
- Asthma
- Autistic Spectrum
- Cystic Fibrosis
- Diabetes
- Dyspraxia
- Epilepsy
- Haemophilia
- Hydrocephalus
- Obesity
- Scoliosis
- Transplants
- Learning Disability

*\*Please note that this list is not exhaustive, however it provides a guide*

# Booking Form

Pupils Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_ Tel: \_\_\_\_\_

School: \_\_\_\_\_

Name of person attending with participant: \_\_\_\_\_

Relationship to participant: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Contact Email (if possible) \_\_\_\_\_

## Emergency Contact Details

Name: \_\_\_\_\_ Number: \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_

Please tick the following which best describes your disability:

Physical Disability  Visual Impairment  Hearing Impairment

Manual Wheelchair User  Use walking aids  Ambulant

Power Chair user

Please use the space below to share further information about you disability you feel we may need to know to provide the best sporting experience for you

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On occasion we may use photographs for promotional materials please tick the box if you do not wish to be photographed

To Book or for further information please contact: Claire McDonald, Regional Development Manager, Scottish Disability Sport email:

[claire.mcdonald@scottishdisabilitysport.com](mailto:claire.mcdonald@scottishdisabilitysport.com) or call 07533056564

Scottish Disability Sport, Caledonia House, South Gyle, Edinburgh, EH12 9DQ

Or [complete online here](#).

\*Closing date for applications Monday 29<sup>th</sup> May 2017\*